

WBC Rowing Section: Policy on access to facilities during COVID-19 epidemic. Active from 6th July 2020.

WARWICK
BOAT CLUB



TENNIS • SQUASH
ROWING • BOWLS

Following the government's guidelines some rowing resumed on 16th May. While restrictions remain in place this is still very limited, and we would ask members to follow the guidance set out below if they wish to train.

It is up to individual members to make their own risk assessment, but if you are in a group considered 'vulnerable' then we would suggest that you do not row. Please consider your own circumstances carefully, and respect the decisions of other members as to whether they do, or do not, row.

If the club is to remain open it is important that we all follow this guidance to keep ourselves and others safe. If you are concerned that this guidance is not being followed then please report this via the online system here (this can be done anonymously):

<https://www.britishrowing.org/knowledge/british-rowing-clubhub/club-governance/club-safety/incident-reporting/>

Only club members should book boats or equipment. For the moment members will not be allowed to sign in guests. If you have any queries about membership please contact one of the committee.

General

- The guidance for use of the rowing facilities have been set in line with government and British Rowing guidance.
- The majority of facilities at the club, including changing rooms, remain closed. Toilets are available ONLY for Emergency use. Members should come down to the club ready for their training, and not to take part in any indoor land training. Use of barbecues and table tennis table are not permitted.
- The bar has reopened in the evenings, with social distancing and other measures in place.
- River slots should be booked **in advance** using the online system. To maintain social distancing there will only be six river slots available at a time, one slot per every person rowing (so if you are in a double, 2 slots need to be booked). Please do not come down to the club unless you already have a river slot booked. To allow us to monitor who has been to the club (and so to help with contact tracing in case of a positive test of covid-19), please only book for yourself.
- To avoid overcrowding and enable social distancing with the increased number of river slots, please arrive and leave within the time limits of your river slot.
- You must not have more than 2 people per boat bay at any one time. Please wait outside until the bay is clear to enter.
- Small group coaching is allowed, however if a coach is using the boating areas, they must book a river slot for themselves.

- Please make sure you have renewed your membership before you book.

Access to clubhouse and boathouse

- There is no general access to the clubhouse.
- Toilet facilities are available only on an emergency basis, with access via the back by the squash courts. Signs are in place showing *Engaged* and *Vacant* to allow one person at a time to enter and maintain appropriate distancing. Members should adjust the signs as they enter/leave. Toilets will be cleaned once per day, each morning. Opening hours will be published on a weekly basis. Showers are not to be used.
- Drinking water is available from the tap outside the clubhouse, but we would suggest bringing your own.
- A first aid box is available in the boat shed. There will be no access to the defibrillator machine.
- There is hand sanitiser and cleaning products available in the boathouse but we suggest that members may wish to bring their own. You **must** use these before and after touching any surfaces or equipment and on entering and leaving the boat shed. Please let a committee member know if supplies are running low.

Access to equipment

- To comply with the government's guidance on social distancing only single sculling may take place.
- An exception to this may be made for those living in the same household, who can go out in a double or pair. Where you intend to do this both of you should book a river slot. This is to ensure that the numbers of people on the bank is not excessive and social distancing can be maintained.
- At the moment we do not intend to limit the number of slots that members can book in the week, but we will review this over the coming weeks depending on boat usage. Please consider others when booking boats or equipment.
- Six river slots are only available Monday to Sunday, with peak session times 8-9.30, 9.30-11am in the mornings and 6-7.30, 7.30-9pm in the evenings. Please do not book across peak time slots. This will allow us to cater for anticipated demand and maximise river usage.
- Please only book boats which you have permissions to use. If you have any queries regarding boat usage please email your rowing captain.
- Please remember to put your outing on the board, and to risk assess thoroughly before you go out as you always do. Lone sculling presents particular risks, particularly for less experienced members, so please take this into account and contact your coach, squad co-ordinator or a member of the committee if you are at all unsure. Consider having a sculling 'buddy' that can go out at the same time as you, and so be around to help move your boat (this is possible while maintaining social distance), and in case of an accident or capsized. If in doubt, don't go out.

- You must clean down boats and blades thoroughly before and after outings. This includes cleaning and disinfecting blade handles, and cleaning boats fully with soapy water. We will try to ensure that stocks of soap, hand gel, surface disinfectant and sponges are available, but please try and bring your own where possible. If no cleaning equipment is available for any reason you **must not** go out.
- If you are unfortunate enough to have an accident or a near miss, you must report it via British Rowing Incident Reporting. Please also report any equipment damage (whether or not you caused it) to a committee member.

Land Training

- Indoor training is not allowed.
- Use of rowing machines is allowed outdoors by the river bank. Please place your erg away from any boating areas so you're not in the way of other rowers. You must ensure you clean your equipment before and after use.
- For accessing the boat sheds, you must adhere to 2 people per boat bay restriction, and give priority to boat users.

Personal Health and Hygiene

- If you are unwell, under quarantine or in any way unsure about your health you must not come to the club.
- Physical distancing must be maintained at all times. Please be particularly considerate of this when moving equipment and getting on or off the water as the boat sheds and landing stage may make it difficult due to limited space.
- Follow the government's advice to wash hands regularly, and use tissues when coughing or sneezing.

Juniors

- Juniors may **only** go out on the water if accompanied by a parent or carer, either in a double scull or in two singles. Both must be a member of the club, be proficient in sculling in a single/double and have the permission of the junior coach.
- A junior coach with appropriate DBS checks and coaching qualifications may also act as a 'carer' with parental consent in a 1:1 training session, with the coach and junior going out in single sculls.
- A junior coach may coach a small group of juniors on the water, with the coach booking one of the river slots.
- Use of the launch is allowed with permission as a coaching but not safety launch (i.e. max 1 person on board).